

Hair & Makeup Guidelines

The easiest way to use this guide: Find your dancer's class below.

Everything you need to know about hair and makeup is listed in that row. Colour references are provided at the end.

Girls' Class Summary

Class	Hair	Face	Eyes	Lashes	Lips
Sadochok	French braid + hairnet	Basic*	Cream + brown shimmer	Mascara	Red
Beginner	French braid + hairnet	Basic*	Cream + brown shimmer	Mascara	Red
Junior	French braid + hairnet	Basic*	Cream + brown shimmer	Mascara	Red
Intermediate	Low bun + hairnet	Foundation + contour + blush	Cream + brown shimmer	Mascara	Red
Tavrianka	Low bun	Foundation + contour + blush	Cream + brown shimmer	False lashes	Red
Academy	Low bun	Foundation + contour + blush	Cream + brown shimmer	False lashes	Red
Ensemble	Low bun	Foundation + contour + blush	Cream + brown shimmer	False lashes	Red

Boys' Class Summary

Class	Hair	Face	Eyes	Mascara	Lips
Sadochok	Neatly combed, off face	Basic*	Light brown shimmer	Light coat	Neutral
Beginner	Neatly combed, off face	Basic*	Light brown shimmer	Light coat	Neutral
Junior	Neatly combed, off face	Basic*	Light brown shimmer	Light coat	Neutral
Intermediate	Neatly combed, off face	Basic*	Light brown shimmer	Light coat	Neutral
Tavrianka	Neatly combed, off face	Foundation + contour	Light brown shimmer	Light coat	Neutral
Academy	Neatly combed, off face	Foundation + contour	Light brown shimmer	Light coat	Neutral
Ensemble	Neatly combed, off face	Foundation + contour	Light brown shimmer	Light coat	Neutral

*See the detailed guidelines below for the Basic face requirements.

Hair – Important Details

Girls: Sadochok, Beginner & Junior

- French braid in two braids.
- Braids should be tucked neatly at the nape of the neck.
- No loose bangs.
- If hair is too short to braid, pin it securely and use hairspray.
- Hairnet required.

Girls: Intermediate, Tavrianka, Academy & Ensemble

- Tight, slicked-down low bun.

- Hairnet required.
- Some Academy and Ensemble costumes may require a braided ponytail extension. This should match their own hair. It needs to be long enough to pin to the costume belt. We do not pin into the blouses or vests.

Boys: All Classes

- Hair neatly combed
- Long hair must be tied back
- Gel/hairspray should be used as needed
- Hair should be secure and not bounce or fall into the face

Makeup – Important Details

Girls: All Classes

Eyes

- Ivory/cream
- Brown shimmer shadow on the lower to middle part of the lid
- **No eyeliner, no wings/ticks**

Lips

- Red lipstick

Eyebrows

- Keep tidy
- Add a small amount of colour if needed to define them

Boys: All Classes

Eyes

- Light brown eyeshadow with a small amount of shimmer
- Light coat of mascara

Lips

- Neutral lipstick

Eyebrows

- Keep tidy
- Add a small amount of colour if needed

Foundation & Contour

Girls: Required for Intermediate, Tavrianka, Academy & Ensemble

Boys: Required for Tavrianka, Academy & Ensemble

Lashes

- Sadochok, Beginner, Junior & Intermediate: Mascara only.
- Tavrianka, Academy & Ensemble: False lashes – longer than natural, but not extreme.

Makeup Colour References



Jewelry & Nails

These rules apply to all dancers.

Jewelry

No jewelry is permitted on stage.

Please remove earrings, necklaces, bracelets, watches, rings, etc.

Nails

- No coloured nail polish.
- Coloured polish/enhancements must be removed before the performance.
- Nude or beige polish is permitted with instructor approval.

New Piercings

New piercings are discouraged before/during festival/performance season.

If a new piercing is unavoidable, piercings must be covered with Band-Aids during performances. Please speak with the instructor ahead of time.